

REPORT ON WORLD DIABETES DAY CELEBRATIONS-2022

DATE-14-11-2022

OBJECTIVE- To acknowledge the students about Diabetes.

The Department of Nutrition has organized a health talk on **“Educate about Diabetes?”** by **Ms. K.L.Prabha**, Certified Diabetes Educator and Senior Dietitian, Dr. Mohan’s diabetic specialty center and also **Ms.Harika**, lecturer from **National institute of Nutrition**, on 14th November 2022, at 11:00 am on the occasion of World Diabetes Day.

The speaker spoke about prevalence, types, diagnosis methods and dietary management of diabetes. Mam also elaborated on lifestyle modifications and encouraged the student to maintain a healthy balanced diet. On account of the occasion free health checkup by **Vijaya Diagnostic Centre**, Seminar Presentations and Food recipes were displayed by the students of all 3 years.





Outcome: Students found the lectures of Ms. Harika and Ms. K.L. Prabha mam very helpful. They learnt various myths and facts about diabetes