

Kerala Trekking Camp

Trekking camps organized by the **National Cadet Corps (NCC)** offer cadets thrilling opportunities to test their physical endurance and mental resilience while fostering **teamwork, leadership, and camaraderie**. These camps enhance **cardiovascular fitness, muscular strength, and flexibility**, and equip cadets with essential survival skills such as **shelter building, fire ignition, and navigation**. Cadets trek through challenging terrains including forests, mountains, and hills, making the experience both adventurous and enriching.

Our college cadet, **CPL A. Mrudul**, was selected for the **All India Trekking Expedition – Kerala Trek II**, held at **Arippa, Kulathupuzha, Kerala**, and successfully attended the camp from **21st to 29th December 2024**.

